

Propel Instructions

Preoperative:

Propel treatment accelerates the speed of your orthodontic treatment by 50%. Patients will change their Invisalign aligner trays every week as opposed to the standard two-week intervals.

Prior to your treatment, please note the following:

- Do not take Advil or Motrin 24 hours before treatment.
- You will be numb for the treatment. Please plan accordingly.

Postoperative:

After treatment, it is normal to experience any of the following:

- Minor bleeding and redness at the treatment sites
- Tenderness for 24-48 hours after treatment
- Take Tylenol for discomfort. DO NOT take Advil or Motrin.

Unless otherwise instructed, continue to brush and floss the area as usual.

Instructions for Invisalign Trays:

- Wear aligners 22-23 hours a day for 5-7 days as directed and follow aligner schedule. It may be helpful to label the aligner bags.
- Call our office if your aligners do not fit the same as during your initial visit.
- Call our office if you lose an aligner
- Take aligners out to eat and drink HOT liquid. Leave aligners in for cold and warm beverages. It is permissible to eat with aligners in, but remember to brush teeth and aligners inside and out with a toothbrush and toothpaste immediately after (electric toothbrushes are fine).
- If you cannot brush immediately after eating, copiously rinse trays and teeth.
- Make sure to keep aligners in your mouth or in their case. Do not leave aligners anywhere else.

Additional treatment may be considered 10-12 weeks following treatment if necessary.